Developed by Meredith Martin, PhD for PSY4000 Developmental Psychopathology

Psychopathology in the Hundred Acre Wood

The goal of this assignment is to give you a greater understanding of the challenges of using the criteria in the DSM-V to determine a diagnosis of a mental disorder.

Humorists have suggested that A. A. Milne's Winnie-the-Pooh characters represent specific mental disorders. Your first step in this assignment is to read the brief (meant to be silly) article:

> Shea, S. E., Gordon, K., Hawkins, A., Kawchuk, J., & Smith, D. (2000). Pathology in the Hundred Acre Wood: A neurodevelopmental perspective on A. A. Milne. *Canadian Medical Association Journal, 163*, 1557-1559.

Then, to complete your assignment, watch the original movie *The Many Adventures of Winnie-the-Pooh* (By Disney, 1977).

Note: There are multiple ways to access this movie content.
(1) If you have a subscription to Disney+ (or want to get a free trial), you can watch the entire movie there
(2) You may purchase or rent a copy (for example, you can rent the movie from Amazon or YouTube for around $3)
(3) You can watch the Youtube clips I put together for each character. These can be found in the Powerpoint slide located on Blackboard. Please be sure to watch all of the designated clips for your character.

You will be assigned one of the characters below. Using the DSM-V criteria in your textbook, you will determine whether your chosen character meets criteria for the suspected disorder.

Your assignment should be written up as follows:
(1) List out the symptom criteria for the suspected disorder according to the DSM-V (in your textbook).
(2) For each symptom criteria, record any examples of behaviors depicted by the character in the movie that may serve as evidence for that symptom. If the character does not display a symptom, write "none."
(3) Using the criteria, determine a diagnosis (Does this character have the suspected disorder or not?)
(4) Write a brief (no more than one page, double-spaced) paragraph explaining your diagnosis *and your reasoning*.
  a. Remember, aside from the specific criteria, there should also be evidence of deviance, maladaptation, and distress!
  b. It may be the case that your character does not meet criteria for the suspected (i.e., assigned) disorder, but that you have suspicions they might meet criteria for a different one. You do not need to outline this suspected disorder, but you should provide a brief explanation for your suspicions if this is the case.

The entire assignment (your criteria and diagnosis paragraph) should not exceed 3 pages in length. You are welcome to compare your notes and diagnoses with your classmates. However, your paragraph explanation should be completely your own (see class rules for academic honesty).

You will be assigned <u>one</u> of the following characters:
- Winnie-the-Pooh - Attention Deficit & Hyperactivity Disorder primarily inattentive subtype
- Rabbit – Obsessive-Compulsive Disorder
- Piglet – Generalized Anxiety Disorder
- Tigger – Attention Deficit & Hyperactivity Disorder primarily hyperactive/impulsive subtype
- Eyeore – Major Depressive Disorder

GRADING RUBRIC – Psychopathology in the Hundred Acre Wood

Description	Unacceptable (Below standards)	Acceptable (Meets minimum standards)	Good (Exceeds minimum standards)	Points
Symptom Criteria	The listed criteria for the suspected disorder was incomplete or inaccurate.	Accurately listed all relevant criteria for the suspected (i.e., assigned) disorder.	Accurately listed all relevant criteria for the suspected (i.e., assigned) disorder.	3
Character's Problem Behavior	Missed important problem behaviors exhibited by their character across the entirety of the film. Included behaviors that were irrelevant or "normative." Drew conclusions about problematic behavior that was not clearly evident in the film. Overall, notes indicate poor attention to the character's behavior.	Provided descriptions of many problem behaviors exhibited by their character in the film. May include one or two behaviors that may not be relevant, but largely indicates adequate attention to the character's symptoms across the entirety of the film.	Noted most, if not all, problem behaviors exhibited by their character in the film. Any problem behaviors that were evident, but not part of the suspected disorders' symptom were noted. Avoided including irrelevant or unproblematic behaviors in diagnosis. Clearly watched the entire film.	10
Diagnosis	Provides an inaccurate or incomplete diagnosis for suspected disorder and/or does not accurately link criteria to the character's behaviors.	Provides an accurate diagnosis for the suspected disorder and provides at least some behavioral evidence for each of the relevant criteria.	Provides an accurate diagnosis for the suspected disorder and provides clear and detailed behavioral evidence for each of the relevant criteria.	5
Explanation	The rationale for the diagnosis is not stated or not clear.	The rationale for the diagnosis is clear.	The rationale for the diagnosis is clear and any alternative clinical decisions (e.g., other suspected disorders) are explained.	5
Writing	Inaccurate information, Difficult to read, Poor formatting, Confusing	Accurate, Easy to read, Clear	Accurate, Easy to read, Clear	2
Total Possible Points				25